

2021-25 PLAYING RULE CHANGE SUMMARY

The following is a summary of rule changes adopted by the USA Hockey Board of Directors on June 12, 2021. These changes will go into effect starting with the 2021-22 playing season through the 2024-25 playing season.

YOUTH EDITION RULE CHANGES

Rule #	Rule	Description
All	All	Transitioned all gender specific references to gender neutral language.
Preface	Declaration of Player	Added the Declaration of Player Safety, Fair Play and Respect. Updates have
	Safety, Fair Play and	been made to reflect changes made in the rules for consistency and accuracy.
	Respect	
Preface	Code of Conduct	Rename "On-Ice Officials Code of Conduct" to "Game Officials Code of
		Conduct."
Preface	Zero Tolerance	Update "Zero Tolerance" Policy to version adopted June 2020.
Preface	Preface	Adds New Standardized Discipline Policy that establishes procedure and
		recommended penalty standards for match penalties.
102(b)	Dimensions of Rink	Recommends boards to be white in color to better establish advertising
		guidelines.
102(c & d)	Dimensions of Rink	Better defines the material and location of the shielding enclosing the rink.
106(a)	Player's Bench	Better defines the use of shielding to protect spectators around the players'
		bench area.
107(a)	Penalty Bench	Better defines the use of shielding to protect spectators around the penalty
		bench area.
108(a)	Timekeepers Bench	Adds new Rule 108 "Timekeepers Bench" to establish specifications for the
100	a	area where the Timekeeper sits.
109	Signal and Timing	Moves to Rule 109.
201(1)	Devices	A 11 1
201(b)	Composition of	Adds language from Glossary "Team Personnel" pertaining to players who
201(a)	Teams	are unable to play into this rule.
201(c)	Composition of Teams	Specifies prohibited actions for a suspended Team Official.
204	Playing Line-Up and	Change title to "Playing Line-up and Substitution of Players." Includes
204	Substitution of Players	language pertaining to substitution of players to more clearly distinguish
	Substitution of Trayers	between player substitutions and goalkeeper substitutions.
204(c)	Playing Line-Up and	Eliminates requirement of having to place a substitute player on the penalty
201(0)	Substitution of Players	bench for Major and Match penalties in Adult classifications ONLY. Allows
	,	player from the bench to return to the ice when the penalty expires.
205	Substitution of	Change title to "Substitution of Goalkeepers" and more clearly defines rules
	Goalkeepers	specific to goalkeeper substitutions.
206(d)	Injured Players	Deletes old language that no longer applies and clarifies placement of
	, ,	substitute player on penalty bench.
301(b)	Sticks	Provides for taller players to use longer stick (65").
304(a)	Protective Equipment	Changes "players" to "skaters to be consistent with Rule 201. Skaters plus
		goalkeepers = players.
304(e)	Protective Equipment	Cleans up language to more clearly distinguish between skaters and
		goalkeepers and eliminates the Adult exception that allows them to replace
		helmet and continue play. Stoppage now required at all levels for removed
		helmet.
304(g)	Protective Equipment	Adds new (g) that recommends all players wear a neck laceration protector
		that covers as much of neck area as possible.

401(b) Penalties Calls for a player to be assessed a game misconduct after 4 penalties in the same game and a coach receiving a game suspension when team accumulates 12 penalties during same game.	Rule #	Rule	Description
accumulates 12 penalties during same game.	401(b)	Penalties	
401(c) Penalties Establishes guidelines for what is allowable in interacting with their team for a player or coach who has been suspended. 402 (Note) Minor Penalties Establishes shorter minor penalty recommendations for periods less than 20 minutes in length (Escluding Adults). For periods 12-minutes or less the minor penalty length shall be 1:00. The minor penalty temperature a game misconduct penalty in length or greater. 403			
### Add (Note) ### Ad			
Minor Penalties Establishes shorter minor penalty recommendations for periods less than 20 minutes in length (Excluding Adults). For periods 12-minutes or less the minor penalty length shall be 1:00. The minor penalty time shall be 1:30 for more than 12 and less than 17-minute periods and 2:00 for periods 17-minutes in length or greater. 403	401(c)	Penalties	
minutes in length (Excluding Adults). For periods 12-minutes or less the minor penalty length shall be 1:00. The minor penalty time shall be 1:30 for more than 12 and less than 17-minute periods and 2:00 for periods 17-minutes in length or greater. 403 Major Penalties Updates major penalty language to reflect changes that require a game misconduct penalty to be assessed with major penalties. 403(a) Major Penalties Provides Affiliates or local governing bodies the option to pro-rate length of major penalties based on length of period (Excluding Adults). Establishes that Adults do not need to place an additional player on penalty bench for a major penalty and that they can add a player from the bench when penalty expires. 404(Note) Misconduct Penalties Provides Affiliates or local governing bodies the option to pro-rate length of misconduct penalties based on length of period (Excluding Adults). 404(c) Misconduct Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. 405(d) Match Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. 405(a) Match Penalties Provides Affiliates or local governing bodies the option to pro-rate length of match penalty and that they can add a player from the bench when penalty expires. 405(a) Match Penalties Establishes that Adults do not need to place an additional player on penalty bench for a match penalty and that they can add a player from the bench when penalty expires. 405(c) Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. Establishes that minimum suspension for a match penalty as one full game and that the next game on the schedule of that team must be included in must replace a goalkeeper if removed from the game by penalty. Calling of Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a			
minor penalty length shall be 1:00. The minor penalty time shall be 1:30 for more than 12 and less than 17-minute periods and 2:00 for periods 17-minutes in length or greater. 403 Major Penalties 403(a) Major Penalties Provides Affiliates or local governing bodies the option to pro-rate length of major penalties based on length of period (Excluding Adults). Establishes that Adults do not need to place an additional player on penalty bench for a major penalties based on length of period (Excluding Adults). 404(Note) Misconduct Penalties Provides Affiliates or local governing bodies the option to pro-rate length of misconduct penalties based on length of period (Excluding Adults). 404(C) Misconduct Penalties Provides Affiliates or local governing bodies the option to pro-rate length of misconduct penalties based on length of period (Excluding Adults). 405(d) Match Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. 405(a) Match Penalties Provides Affiliates or local governing bodies the option to pro-rate length of match penalty explores. 405(a) Match Penalties Brain and the season of length of period (Excluding Adults). Establishes that Adults do not need to place an additional player on penalty bench for a match penalty and that they can add a player from the bench when penalty expires. 405(c) Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. Clarifies the timing required for submission of a game report to establish consistency with other rules. 405(c) Match Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 407(b) Goalkeeper Penalties Clarifies the timing required for submission of a game report to establish penalty is assessed that	402 (Note)	Minor Penalties	<u> </u>
Major Penalties			
Major Penalties Updates major penalty language to reflect changes that require a game misconduct penalty to be assessed with major penalties.			
403			
Major Penalties Provides Affiliates or local governing bodies the option to pro-rate length of major penalties Bestablishes that Adults do not need to place an additional player on penalty bench for a major penalty and that they can add a player from the bench when penalty expires.	402	Main Danaldina	
403(a) Major Penalties Provides Affiliates or local governing bodies the option to pro-rate length of major penalties based on length of period (Excluding Adults).	403	Major Penaities	
major penalties based on length of period (Excluding Adults). Bestablishes that Adults do not need to place an additional player on penalty bench for a major penalty and that they can add a player from the bench when penalty expires. Provides Affiliates or local governing bodies the option to pro-rate length of misconduct Penalties acconch/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Provides Affiliates or local governing bodies the option to pro-rate length of match penalties based on length of period (Excluding Adults). Bestablishes that Adults do not need to place an additional player on penalty bench for a match penalty and that they can add a player from the bench when penalty expires. Ados(c) Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. Bestablishes the minimum suspension for a match penalty as one full game and that the next game on the schedule of that team must be included in any suspension. Ados(c) Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is	402(a)	Major Danaltias	
403(d) Major Penalties Establishes that Adults do not need to place an additional player on penalty bench for a major penalty and that they can add a player from the bench when penalty expires.	403(a)	Major Penames	
bench for a major penalty and that they can add a player from the bench when penalty expires. 404(Note) Misconduct Penalties Provides Affiliates or local governing bodies the option to pro-rate length of misconduct penalties based on length of period (Excluding Adults). 404(c) Misconduct Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. 405(d) Match Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. 405(a) Match Penalties Provides Affiliates or local governing bodies the option to pro-rate length of match penalties based on length of period (Excluding Adults). 405(a) Match Penalties Establishes that Adults do not need to place an additional player on penalty bench for a match penalty expires. 405(c) Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. 405(c) Match Penalties Establishes the minimum suspension for a match penalty as one full game and that the next game on the schedule of that team must be included in any suspension. 405(c) Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. 407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Progressive Califies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (suspended until hearing). 411(c) Appointment o	402(d)	Major Danaltias	
When penalty expires.	403(d)	Major Penanties	
404(Note) Misconduct Penalties Provides Affiliates or local governing bodies the option to pro-rate length of misconduct penalties based on length of period (Excluding Adults).			
Misconduct Penalties Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct.	404(Note)	Misconduct Penalties	
Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a game misconduct. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Adds language that more clearly defines the penalty of the penalty. Adds language to require for submission of a game report to establish that they can add a player from the bench when penalty expires. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds language to reflect the Standardized Discipline Policy included in Preface. Adds langua	404(11010)	winsconduct i charties	
Coach/player who has been assessed a game misconduct.	404(c)	Misconduct Penalties	
Adds language that more clearly defines the unacceptable actions of a coach/player who has been assessed a match penalty. Watch Penalties	()	THE CONTROL OF CONTROL	, ,
Coach/player who has been assessed a match penalty.	405(d)	Match Penalties	
Match Penalties Provides Affiliates or local governing bodies the option to pro-rate length of match penalties based on length of period (Excluding Adults).			
Match Penalties Establishes that Adults do not need to place an additional player on penalty bench for a match penalty and that they can add a player from the bench when penalty expires.	405(a)	Match Penalties	
Match Penalties Establishes that Adults do not need to place an additional player on penalty bench for a match penalty and that they can add a player from the bench when penalty expires. Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. Match Penalties Establishes the minimum suspension for a match penalty as one full game and that the next game on the schedule of that team must be included in any suspension. Updates language to reflect the Standardized Discipline Policy included in Preface. Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Updates language to reflect the Standardized Discipline Policy included in Preface. 411(b) Progressive Clarifies the timing required for submission of a game report to establish consistency with other rules. Adds new (c) that establishes progressive suspensions for coaches who receive their 2nd game misconduct for Abuse of Officials in same season (suspended until hearing). Allows 4-Official system to be used at the 14 & Under age classification. Officials Allows local leagues/areas to assign numbers to officials and that required			
bench for a match penalty and that they can add a player from the bench when penalty expires. 405(c) Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules. 405(c) Match Penalties Establishes the minimum suspension for a match penalty as one full game and that the next game on the schedule of that team must be included in any suspension. 405(c) Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. 407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Updates language to reflect the Standardized Discipline Policy included in Preface. 411(b) Progressive Suspensions Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2nd game misconduct for Abuse of Officials in same season (3 games) and 3nd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Allows 4-Official system to be used at the 14 & Under age classification. 601(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required	405(a)	Match Penalties	
Match Penalties Clarifies the timing required for submission of a game report to establish consistency with other rules.			
Note Consistency with other rules.			when penalty expires.
Match Penalties	405(c)	Match Penalties	
and that the next game on the schedule of that team must be included in any suspension. 405(c) Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. 407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Updates language to reflect the Standardized Discipline Policy included in Preface. Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 nd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required			·
suspension. 405(c) Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface. 407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Preface. 411(b) Progressive Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2nd game misconduct for Abuse of Officials in same season (3 games) and 3nd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification.	405(c)	Match Penalties	
Match Penalties Updates language to reflect the Standardized Discipline Policy included in Preface.			
Preface. 407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Updates language to reflect the Standardized Discipline Policy included in Preface. 411(b) Progressive Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification.	10.7()		
407(b) Goalkeeper Penalties Clarifies the guidelines for a "Temporary" Goalkeeper and specifies who must replace a goalkeeper if removed from the game by penalty. Calling of Penalties Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). Updates language to reflect the Standardized Discipline Policy included in Preface. Clarifies the timing required for submission of a game report to establish consistency with other rules. Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required	405(c)	Match Penalties	
must replace a goalkeeper if removed from the game by penalty. 409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Updates language to reflect the Standardized Discipline Policy included in Preface. 411(b) Progressive Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2nd game misconduct for Abuse of Officials in same season (3 games) and 3rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required	405(1)	G 11 D 12	
409(a) Calling of Penalties Calls for a face-off to take place in end zone of offending team when a penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Preface. 411(b) Progressive Suspensions Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required	407(b)	Goalkeeper Penalties	
penalty is assessed that results in time being placed on the penalty clock. Exceptions to this rule is covered in Rule 612(b). Updates language to reflect the Standardized Discipline Policy included in Preface. 411(b) Progressive Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required	400()	C 11' CD 14'	
Exceptions to this rule is covered in Rule 612(b). 410(c) Supplementary Discipline Preface. 411(b) Progressive Suspensions 411(c) Progressive Suspensions 411(c) Progressive Suspensions Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required	409(a)	Calling of Penalties	
410(c) Supplementary Discipline Preface. Clarifies the timing required for submission of a game report to establish consistency with other rules. Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). Appointment of Officials Officials Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required			
Discipline Preface. 411(b) Progressive Suspensions Clarifies the timing required for submission of a game report to establish consistency with other rules. 411(c) Progressive Suspensions Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials Allows 4-Official system to be used at the 14 & Under age classification. Officials Allows local leagues/areas to assign numbers to officials and that required	410(a)	Supplementery	*
Allows 4-Officials Allows local leagues/areas to assign numbers to officials and that required	410(0)	11	
Note Suspensions consistency with other rules. 411(c) Progressive Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required	411(b)	i ·	
411(c) Progressive Suspensions Adds new (c) that establishes progressive suspensions for coaches who receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required		_	T 1
Suspensions receive their 2 nd game misconduct for Abuse of Officials in same season (3 games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required		i ·	
games) and 3 rd game misconduct for Abuse of Officials in same season (suspended until hearing). 501(a) Appointment of Officials 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required	(0)	•	
(suspended until hearing). 501(a) Appointment of Officials 501(c) Appointment of Allows 4-Official system to be used at the 14 & Under age classification. Allows 4-Official system to be used at the 14 & Under age classification. Allows local leagues/areas to assign numbers to officials and that required		2 3 5 7 1 1 1 1 1 1	
501(a) Appointment of Officials Officials Allows 4-Official system to be used at the 14 & Under age classification. Officials Allows local leagues/areas to assign numbers to officials and that required			
Officials 501(c) Appointment of Allows local leagues/areas to assign numbers to officials and that required	501(a)	Appointment of	
	501(c)	Appointment of	Allows local leagues/areas to assign numbers to officials and that required

Rule #	Rule	Description
503(c.11)	Linesman	Adds new (11) that clarifies any official is allowed to stop play if helmet
		comes off player or goalkeeper.
601(b)	Abuse of Officials and	Adds in specific language pertaining to banging the boards on the bench that
	Other Misc.	identifies doing so to celebrate a legal or illegal body check is deemed to be
		unsportsmanlike conduct.
601(c,d,e)	Abuse of Officials and	More clearly identifies specific actions and places them into Misconduct,
	Other Misc.	Game Misconduct or Match penalty option categories.
601(d.1)	Abuse of Officials and	Allows the official to assess a game misconduct for 2 nd incident involving
	Other Misc.	verbal abuse by team official without assessing another bench minor
(01/ 0)		provided the abuse is clearly a continuation of initial incident.
601(e.2)	Abuse of Officials and	Clarifies actions considered to be critically detrimental.
601/ 2	Other Misc.	
601(e.3	Abuse of Officials and	Removes term "offensive" from hateful, discriminatory language.
(01(-2)	Other Misc.	Leave and the Decident Distriction of Heat Cal/Distriction Leaves
601(e,3)	Abuse of Officials and	Incorporates the President's Directive on Hateful/Discriminatory Language
(01(a)	Other Misc. Abuse of Officials and	under the Match Penalty rule.
601(e)	Other Misc.	Clarifies the timing required for submission of a game report to establish
Note 601(f)	Abuse of Officials and	consistency with other rules. Adds vaping to actions deemed prohibited under this rule and replaces bench
001(1)	Other Misc.	minor with a game misconduct penalty for violation.
602	Attempt to Injure or	Changes references to "deliberate injury" to "recklessly endangers" to better
002	Recklessly Endangers	allow officials to judge the action that occurs instead of trying to determine
	an Opponent	whether an injury has occurred. Removed similar language from old Rule
	ин орронен	601(f.2) to avoid duplication.
603	Boarding	Incorporates language from Declaration of Player Safety, Fair Play and
003	Bourding	Respect into Boarding rule and incorporates "reckless endangerment"
		terminology for assessment of major plus game misconduct or match
		penalties.
604	Body Checking	Removes references to "Non-Check Adult Classifications" in the title and
	(Competitive Contact	the rule.
	Categories)	
604	Body Checking	Incorporates language from Declaration of Player Safety, Fair Play and
	(Competitive Contact	Respect into this rule and incorporates "reckless endangerment" terminology
	Categories)	for assessment of major plus game misconduct or match penalties. Adds
		Match penalty option.
606	Butt-Ending	Replaces reference to "injury" with "recklessly endangers" or "reckless
	G1 .	endangerment".
607	Charging	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect into Charging rule and incorporates "reckless endangerment"
		terminology for assessment of major plus game misconduct or match
608	Chaolaina from	penalties. Incorporates language from Declaration of Player Safety, Fair Play and
008	Checking from Behind	Respect into Check from Behind rule and incorporates "reckless
	Denniu	endangerment" terminology for assessment of major plus game misconduct
		or match penalties.
609	Cross-Checking	Incorporates "reckless endangerment" terminology for assessment of major
	Cross Checking	plus game misconduct or match penalties. Adds Match penalty option.
610(b)	Delaying the Game	Adds note that specifies the goalkeeper can only cover the puck while in the
		"act of playing goal" (see Glossary).
611	Elbowing	Incorporates "reckless endangerment" terminology for assessment of major
		plus game misconduct or match penalties. Adds Match penalty option.
612(b)	Face-Off Locations	Calls for an end zone face-off in defending zone of penalized team except
		for when the stoppage of play is caused by the non-offending team.
·	•	

Rule #	Rule	Description
612(c)	Face-off Locations	Allows for attack zone face-off any time an attacking team attempts a shot
		on goal and puck goes out of play off of the posts, boards or glass.
617(c)	Goals and Assists	Adds language that clarifies a goal shall be disallowed as a result of actions
		by an attacking team that propels the puck into the goal by any means other
-1-1		than the stick.
617(c)	Goals and Assists	Adds language from Casebook regarding a goal cannot be scored if the
		scoring team has an illegal player on the ice or the puck entered the zone illegally.
618(a)	Handling the Puck	Adds note that establishes the goal crease extends to the top of the cross-bar.
Note	with the Hands	
619	Head-Butting	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment."
620	Head Contact	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect into Charging rule and incorporates "reckless endangerment"
		terminology for assessment of major plus game misconduct or match
		penalties.
621	High Sticks	Incorporates "reckless endangerment" terminology for assessment of major
		plus game misconduct or match penalties. dds Match penalty option.
621(d)	High Sticks	Eliminates restriction on slapshots at 10 & under age classification and
		below.
622(c)	Holding an Opponent	Incorporates "reckless endangerment" terminology for assessment of major
(22	TT1-1	plus game misconduct or match penalties.
623	Hooking	Incorporates "reckless endangerment" terminology for assessment of major
624(b)	Icing the Puck	plus game misconduct or match penalties. dds Match penalty option. Prohibits all Youth levels of play to legally ice the puck during shorthanded
024(0)	icing the ruck	situations. Only exceptions are High School and Adult classifications.
624(d)	Icing the Puck	Removes language referencing boarding, charging or roughing as to not limit
02.(0)	Tomg with I won	penalty options.
626	Interference By or	Change title to: "Interference By or With Spectators."
	With Spectators	
626	Interference By or	Moves sub-section (c) to Rule 601(d.6) for physically interfering with a
	With Spectators	spectator.
627	Kicking Opponent or	Replaces reference to "injury" with "recklessly endangers" or "reckless
(20)	Puck	endangerment."
628	Kneeing	Incorporates "reckless endangerment" terminology for assessment of major
630	Offside	plus game misconduct or match penalties. Adds Match penalty option. Corrects proper grammar for terms "offside" and "onside."
630(d)	Offside	Eliminates tag-up offside at all Youth levels of play. Immediate offside is
030(u)	Offside	now applied at all levels except High School and Adult classifications.
634	Slashing	Incorporates "reckless endangerment" terminology for assessment of major
	8	plus game misconduct or match penalties. Adds Match penalty option.
634(c)	Slashing	Clarifies the penalty options to be assessed for a player who swings their
		stick during an altercation.
636(f)	Start of Games and	Changes "players" to "skaters to be consistent with Rule 201. Skaters +
	Time of Match/Time-	goalkeeper = players.
	Outs	
637(a)	Throwing	Clarifies penalty options for throwing objects in the direction of the puck.
620	Stick/Object	A11 6 1 11 6
638	Tied Games	Adds reference and guidance for management of shoot-outs.
639	Tripping/Clipping/Leg Checking/Slew	Incorporates "reckless endangerment" terminology for assessment of major plus game misconduct or match penalties. Establishes minimum penalty for
	Footing	Slew Footing as major plus game misconduct. Adds Match penalty option.
	1 oomig	biew I obtaing as major plas game inisconduct. Adds Materi penaity Option.

Rule #	Rule	Description
640	Unnecessary	Incorporate language from Declaration of Player Safety, Fair Play and
	Roughness	Respect into rule and incorporates "reckless endangerment" terminology for
	(Roughing)	assessment of major plus game misconduct or match penalties. Adds Match
	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	penalty option.
640(a)	Unnecessary	Adds note that mandates that officials strictly enforce contact after the
Note	Roughness	whistle, and especially scrum situations, and to assess additional penalties
1,000	(Roughing)	for aggressors in these situations.
640(d)	Unnecessary	Adds new sub-section (d) from Declaration of Player Safety, Fair Play and
010(0)	Roughness	Respect that establishes a penalty for delivering a body check with no effort
	(Roughing)	to gain possession of the puck and the stick is above the knees.
640(e)	Unnecessary	Adds new sub-section (e) from Declaration of Player Safety, Fair Play and
040(6)	Roughness	Respect that establishes a penalty for delivering a body check to an opponent
	_	
C40/D	(Roughing)	who is already physically engaged.
640(f)	Unnecessary	Adds new sub-section (f) that specifies a goalkeeper shall be penalized for
	Roughness	body checking an opponent.
~ 1	(Roughing)	
Glossary	Act of Playing Goal	Adds Glossary definition for "Act of Playing Goal" and is defined as: Any
		action by the goalkeeper that prevents the puck from entering the goal, or
		prevents an immediate scoring opportunity within the goalkeeper's
		privileged area.
Glossary	Age Classifications	Removes description of each age group (i.e. Squirt) and adds in 15 Only
		Tier I age classification.
Glossary	Angling	Adds new Glossary definition for "Angling" and is defined as: A legal
		defensive skill used to direct/control the puck carrier to an area that closes
		the gap and/or creates an opening that is too small for the puck carrier to
		advance.
Glossary	Body Checking	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect to more completely define legal body checking.
Glossary	Collision	Adds new Glossary definition for "Collision" and is defined as: Occurs when
		players maintain their established position on the ice. A player shall not be
		penalized if the intention is to play the puck and in so doing collides with an
		opponent. No player is required to move out of the way of an oncoming
		player to avoid contact.
Glossary	Competitive Contact	Changes "Body Contact" to "Competitive Contact" and incorporates
- · · · · · · · · · · · · · · · · · · ·	r	language from Declaration of Player Safety, Fair Play and Respect to more
		completely define competitive contact.
Glossary	Contact with the Puck	Establishes first level of involvement with the puck as "Contact with the
Glossaly		Puck" and is defined as: The last skater or goalkeeper to have touched the
		puck (puck touch). This includes a puck that is deflected off a player or any
		part of their equipment.
Glossary	Control of the Puck	Establishes 3 rd level of involvement with the puck as "Control of the Puck"
Olossaly	Control of the Fuck	•
		and is defined as: The skater or goalkeeper that, in the opinion of the official,
		has "possession of the puck" and is guiding the puck in any desired
		direction. "Contact with the puck" is not considered "control of the puck."
		A player in "possession of the puck" may also immediately establish
		"control of the puck". A skater considered to be in "control of the puck" is
		eligible to be body checked and/or engage in competitive contact.

Rule #	Rule	Description
Glossary	Late Body Check	Adds new Glossary definition for "Late Body Check" and is defined as: A
		late check is when a player delivering the check has an opportunity to avoid
		contact, or minimize contact, once it is realized the opponent no longer has
		control of the puck.
		The concept of "finishing the check" is an unacceptable action as it is one
		that is meant to intimidate or punish the opponent with no intent, or
		possibility, to gain possession of the puck. The responsibility is on the player
		delivering the check to avoid forceful contact (minimize impact) to a
CI	DI ' 1E	vulnerable or defenseless player who is no longer in control of the puck.
Glossary	Physical Engagement	Adds new Glossary definition for "Physical Engagement" and is defined as:
		Two players who are in pursuit of the puck are allowed to use competitive contact provided that possession of the puck remains the sole objective of the
		two players. This includes opposing players competing for the puck in front
		of the goal or along the boards.
Glossary	Possession of the	Establishes 2 nd level of involvement with the puck as "Possession of the
Glossary	Puck	Puck" and defined as: Placing your stick on the puck in an effort to establish
	1 uck	control or to deliberately direct the puck with any part of the body. The last
		player to have intentionally played the puck is considered to have
		"possession of the puck." A player may be in "possession of the puck"
		without establishing "control of the puck." However, a player must first gain
		"possession of the puck" prior to being considered in "control of the puck."
		A player considered to be in "possession of the puck" is NOT eligible to be
		body checked and/or engage in competitive contact.
		A skater attempts to gain "possession of the puck" by using the stick, and
		then body, in an effort to establish "control of the puck" or prevent an
		opponent from maintaining or gaining "control of the puck."
		A skater considered to be "attempting to gain possession of the puck" is
		eligible to body check an opponent in "control of the puck" and/or engage in
CI	D 11 1 E 1	competitive contact.
Glossary	Recklessly Endangers	Adds Glossary definition for "Recklessly Endangers" to be used as criteria
	(Reckless	for assessing major or match penalties instead of injury. Defined as:
	Endangerment)	Engaging in conduct, without regard to the consequences, which creates a
Glossary	Team Official	substantial risk of serious physical injury to an opponent. Changes to "Team Official" and removes language pertaining to players who
Giossary	Team Official	are unable to play.
Glossary	Vulnerable or	Adds Glossary definition for "Vulnerable or Defenseless" and is defined as:
Giossary	Defenseless	A skater is considered to be in a vulnerable or defenseless position when
	2 orongorous	they are unaware, unprepared or unsuspecting of an impending body check
		and/or competitive contact.
	J	und of competitive contact.

Note: This document is a brief summary of playing rule changes and does not reflect the actual language used in the official rules. The purpose of this document is to provide a quick reference to the rule changes. For specific language related to each rule, please see the 2021-25 USA Hockey Official Playing Rules Book.



2021-25 PLAYING RULE CHANGE SUMMARY – JUNIOR EDITION

The following is a summary of rule changes adopted by the USA Hockey Board of Directors on June 12, 2021. These changes will go into effect starting with the 2021-22 playing season through the 2024-25 playing season.

JUNIOR EDITION RULE CHANGES

Rule #	Rule	Description
All	All	Transition all gender specific references to gender neutral language.
Preface	Declaration of Player	Added the updated Declaration of Player Safety, Fair Play and Respect.
	Safety, Fair Play and	Updates have been made to reflect changes made in the rules for consistency
	Respect	and accuracy.
Preface	General Information	Adds language that directs users to the Youth/Adult Edition of the rule book
		for situations that are not covered in the JR Edition.
102(b)	Dimensions of Rink	Recommends boards to be white in color to better establish advertising
		guidelines.
102(c & d)	Dimensions of Rink	Better defines the material and location of the shielding enclosing the rink.
106(a)	Player's Bench	Better defines the use of shielding to protect spectators around the players'
		bench area.
107(a)	Penalty Bench	Better defines the use of shielding to protect spectators around the penalty
		bench area.
108(a)	Timekeepers Bench	Adds new Rule 108 "Timekeepers Bench" to establish specifications for the
		area where the Timekeeper sits.
109	Signal and Timing	Moves to Rule 109.
	Devices	
203(e)	Players in Uniform	Adds new (e) that specifies a goal would not be allowed if found to have an
		ineligible player on the ice.
204	Playing Line-Up and	Change title to "Playing Line-up and Substitution of Players." Includes
	Substitution of Players	language pertaining to substitution of players to more clearly distinguish
205	G 1 .'' C	between player substitutions and goalkeeper substitutions.
205	Substitution of	Change title to "Substitution of Goalkeepers" and more clearly defines rules
201/1-)	Goalkeepers	specific to goalkeeper substitutions.
301(b)	Sticks	Provides for taller players to use longer stick (65").
304(a)	Protective Equipment	Changes "players" to "skaters to be consistent with Rule 201. Skaters plus
404(a)	Misconduct Penalties	goalkeepers = players. Eliminates the Gross Misconduct II Penalty option.
404(c) 409(a)	Calling of Penalties	Allows the attacking team to determine the location of the face-off after a
409(a)	Canning of Penanties	penalty is assessed.
503(c.12)	Linesman	Adds (c.12) that allows a linesman to stop play if they determine a penalized
303(C.12)	Linesman	player illegally enters the ice.
601(b)	Abuse of Officials and	Adds in specific language pertaining to banging the boards on the bench that
001(0)	Other Misconduct	identifies doing so to celebrate a legal or illegal body check is deemed to be
	Other Wisconduct	unsportsmanlike conduct.
601(c,d,e)	Abuse of Officials and	More clearly identifies specific actions and places them into Misconduct,
(-,-,-)	Other Misc.	Game Misconduct or Match penalty option categories.
601(e.3)	Abuse of Officials and	Clarifies actions considered to be critically detrimental.
()	Other Misc.	, J
601(e.4)	Abuse of Officials and	Incorporates the President's Directive on Hateful Language into the proper
	Other Misc.	location of the rules.
601(e.4)	Abuse of Officials and	Removes term "offensive" from hateful, discriminatory language.
	Other Misc.	

Rule #	Rule	Description
601(f)	Abuse of Officials and	Eliminates the Gross Misconduct II penalty option.
	Other Misc.	
601(f)	Abuse of Officials and	Adds vaping to actions deemed prohibited under this rule and replaces bench
	Other Misc.	minor with a game misconduct penalty for violation.
602	Attempt to	Changes references to "deliberate injury" to "recklessly endangers" to better
	Injure/Deliberate	allow officials to judge the action that occurs instead of trying to determine
	Injury of an Opponent	whether an injury has occurred.
603	Boarding	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect into Boarding rule and incorporates "reckless endangerment"
		terminology for assessment of major plus game misconduct or match
		penalties. Adds Match penalty option.
604	Body Checking	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect to establish consistency with Glossary.
606	Butt-Ending	Replaces reference to "injury" with "recklessly endangers" or "reckless
		endangerment."
607	Charging	Incorporates language from Declaration of Player Safety, Fair Play and
		Respect into Charging rule and incorporates "reckless endangerment"
		terminology for assessment of major plus game misconduct or match
		penalties. Adds Match penalty option.
608	Checking from	Incorporates language from Declaration of Player Safety, Fair Play and
	Behind	Respect into Check from Behind rule and incorporates "reckless
		endangerment" terminology for assessment of major plus game misconduct
		or match penalties. Adds Match penalty option.
609	Cross-Checking	Replaces reference to "injury" with "recklessly endangers" or "reckless
		endangerment." Adds Match penalty option.
610	Delaying the Game	Clarifies the position of the posts/pegs for determination of the goal being
		displaced.
610(b)	Delaying the Game	Adds note that specifies the goalkeeper can only cover the puck while in the
61.1	7711	"act of playing goal" (see Glossary).
611	Elbowing	Replaces reference to "injury" with "recklessly endangers" or "reckless
(12(-)	ECCI	endangerment." Adds Match penalty option.
612(c)	Face-off Locations	Allows for an end zone face-off if the attacking team has shot the puck out of
(12/h)	Face-off Locations	play off of the post, glass or boards. Allows the non-offending team to determine the location of the face-off after
612(h)	Face-off Locations	
612	Face-off Procedures	a penalty is assessed.
613	race-on Procedures	Allows for a center to win face-off by using the skate and incorporates
615(c)	Fighting	warning for face-off violation in place of ejection of center. Clarifies and more clearly defines a "fight" versus an "altercation."
615	Fighting	Replaces reference to "injury" with "recklessly endangers" or "reckless
013	righting	endangerment."
615(h)	Fighting	Corrects omission that did not assess game ejection to player who instigates a
015(11)	1 151111115	fight at Tier III level.
617(c)	Goals and Assists	Adds language that clarifies a goal shall be disallowed as a result of actions
2-1(-)		by an attacking team that propels the puck into the goal by any means other
		than the stick.
617(c)	Goals and Assists	Adds language from Casebook regarding a goal cannot be scored if the
		scoring team has an illegal player on the ice or the puck entered the zone
		illegally.
618(a)	Handling the Puck	Adds note that establishes the goal crease extends to the top of the cross-bar.
	with the Hands	<u> </u>

Rule #	Rule	Description
619	Head-Butting	Replaces reference to "injury" with "recklessly endangers" or "reckless
		endangerment."
620	Head Contact	Incorporates language from Declaration of Player Safety, Fair Play and Respect into Check from Behind rule and incorporates "reckless endangerment" terminology for assessment of major plus game misconduct or match penalties. Adds Match penalty option.
621	High Sticks	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
622(b)	Holding an Opponent or Opponent's Facemask	Deletes duplicate language. Adds Match penalty option.
623	Hooking	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
624(a)	Icing the Puck	Allows non-offending team to choose face-off location after an icing.
626	Interference By or With Spectators	Changes title to: "Interference By or with Spectators."
626	Interference By or With Spectators	Moves sub-section (c) to Rule 601(d.6) for physically interfering with a spectator.
627	Kicking Opponent or Puck	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment."
628	Kneeing	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
629	Leaving the Player's Bench/Penalty Bench	Specify "Officials" instead of "Referee."
630	Offside	Corrects proper grammar for terms "offside" and "onside."
630(d)	Offside	Allows for shot on goal during delayed off-sides to have play continue as long as puck does not enter the goal.
634	Slashing	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
634(c)	Slashing	Clarifies the penalty options to be assessed for a player who swings their stick during an altercation.
635	Spearing	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment."
636(f)	Start of Games and Time of Match/Time- Outs	Changes "players" to "skaters to be consistent with Rule 201. Skaters + goalkeeper = players.
637(a)	Throwing Stick/Object	Clarifies penalty options for throwing objects in the direction of the puck.
638	Tied Games	Allows each league to determine number of players to be involved in shootout.
639	Tripping/Clipping/Leg Checking/Slew Footing	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
640	Unnecessary Roughness (Roughing)	Replaces reference to "injury" with "recklessly endangers" or "reckless endangerment." Adds Match penalty option.
640(a) Note	Unnecessary Roughness (Roughing)	Adds new (d) that specifies a goalkeeper shall be penalized for body checking an opponent.
Glossary	Act of Playing Goal	Adds Glossary definition for "Act of Playing Goal" and is defined as: Any action by the goalkeeper that prevents the puck from entering the goal, or prevents an immediate scoring opportunity within the goalkeeper's privileged area.

Rule #	Rule	Description
Glossary	Angling	Adds new Glossary definition for "Angling" and is defined as: A legal
		defensive skill used to direct/control the puck carrier to an area that closes the
		gap and/or creates an opening that is too small for the puck carrier to advance.
Glossary	Body Checking	Incorporates language from Declaration of Player Safety, Fair Play and Respect
		to more completely define legal body checking.
Glossary	Collision	Adds new Glossary definition for "Collision" and is defined as: Occurs when
		players maintain their established position on the ice. A player shall not be
		penalized if the intention is to play the puck and in so doing collides with an
		opponent. No player is required to move out of the way of an oncoming player
	a a	to avoid contact.
Glossary	Competitive Contact	Changes "Body Contact" to "Competitive Contact" and incorporates language
		from Declaration of Player Safety, Fair Play and Respect to more completely
C1	0	define competitive contact.
Glossary	Contact with the	Establishes first level of involvement with the puck as "Contact with the Puck"
	Puck	and is defined as: The last skater or goalkeeper to have touched the puck (puck
		touch). This includes a puck that is deflected off a player or any part of their
C1	Control of the Puck	equipment.
Glossary	Control of the Puck	Establishes 3 rd level of involvement with the puck as "Control of the Puck" and is defined as: The skater or goalkeeper that, in the opinion of the official, has
		"possession of the puck" and is guiding the puck in any desired direction.
		"Contact with the puck" is not considered "control of the puck." A player in
		"possession of the puck" may also immediately establish "control of the puck."
		A skater considered to be in "control of the puck" is eligible to be body
		checked and/or engage in competitive contact.
Glossary	Late Body Check	Adds new Glossary definition for "Late Body Check" and is defined as: A late
Grossury	Late Body eneck	check is when a player delivering the check has an opportunity to avoid
		contact, or minimize contact, once it is realized the opponent no longer has
		"control of the puck."
		The concept of "finishing the check" is an unacceptable action as it is one that
		is meant to intimidate or punish the opponent with no intent, or possibility, to
		gain possession of the puck. The responsibility is on the player delivering the
		check to avoid forceful contact (minimize impact) to a vulnerable or
		defenseless player who is no longer in control of the puck.
Glossary	Physical	Adds new Glossary definition for "Physical Engagement" and is defined as:
	Engagement	Two players who are in pursuit of the puck are allowed to use competitive
		contact provided that possession of the puck remains the sole objective of the
		two players. This includes opposing players competing for the puck in front of
		the goal or along the boards.

Rule #	Rule	Description
Glossary	Possession of the	Establishes 2 nd level of involvement with the puck as "Possession of the Puck"
	Puck	and defines as: Placing your stick on the puck in an effort to establish control
		or to deliberately direct the puck with any part of the body. The last player to
		have intentionally played the puck is considered to have "possession of the
		puck." A player may be in "possession of the puck" without establishing
		"control of the puck." However, a player must first gain "possession of the
		puck" prior to being considered in "control of the puck."
		A player considered to be in "possession of the puck" is NOT eligible to be
		body checked and/or engage in competitive contact.
		A skater attempts to gain "possession of the puck" by using the stick, and then
		body, in an effort to establish "control of the puck" or prevent an opponent
		from maintaining or gaining "control of the puck."
		A skater considered to be "attempting to gain possession of the puck" is
		eligible to body check an opponent in "control of the puck" and/or engage in
		competitive contact.
Glossary	Recklessly	Adds Glossary definition for "Recklessly Endangers" to be used as criteria for
	Endangers (Reckless	assessing major or match penalties instead of injury. Defined as: Engaging in
	Endangerment)	conduct, without regard to the consequences, which creates a substantial risk of
		serious physical injury to an opponent.
Glossary	Team Personnel	Changes to "Team Official" and removes language pertaining to players who
		are unable to play.
Glossary	Vulnerable or	Adds Glossary definition for "Vulnerable or Defenseless" and is defined as: A
	Defenseless	skater is considered to be in a vulnerable or defenseless position when they are
		unaware, unprepared or unsuspecting of an impending body check and/or
		competitive contact.

Note: This document is a brief summary of playing rule changes and does not reflect the actual language used in the official rules. The purpose of this document is to provide a quick reference to the rule changes. For specific language related to each rule, please see the 2021-25 USA Hockey Official Playing Rules Book – Junior Edition.